



DEDICATED TO STRENGTHENING  
EMOTIONAL AND SPIRITUAL HEALTH

INFORMATION & REGISTRATION  
INSPIRITMARYLAND.ORG

# Cultural Humility

A Healing  
Way Of  
Being

VIRTUAL PROGRAM

MAY 9, 2025  
6 CE HOURS

\$99 EARLY REGISTRATION BY  
MARCH 30, 2025

\$125 REGISTRATION  
MARCH 31 TO MAY 2, 2025

KAREN LANDMANN, LCSW

*UNDERSTANDING BIAS WITHOUT SHAME  
HOW TO UTILIZE DIFFERENCES TO FORM CONNECTIONS AS A THERAPIST*

DESCRIPTION OF PROGRAM

Cultural Humility is of paramount importance in the clinical space.

Current discourse has appropriately centered on marginalized groups finding a voice. This workshop aims to stretch the present dialogue into aspects of culture that mental health practitioners encounter in the clinical setting. These include, but are not limited to: immigration status, country of origin, subculture/tribe of origin, religion, language, ethnicity, race, gender identity, sexual orientation, class, and skin color.

This presentation will ask participants to self-reflect on their own cultural awareness and humility in order to enhance their practice and multicultural sensitivity.

SCHEDULE FOR THE DAY

9-10:30AM

### SETTING THE STAGE:

CREATING A SHARED UNDERSTANDING ON PREJUDICE AND PRIVILEGE WHILE ADDRESSING ONE'S OWN BELIEFS AND EXPERIENCES.

10:30-45AM

BREAK

10:45-12:15PM

### MORE THAN SURFACE LEVEL:

DIVING DEEPER BEYOND PRECONCEIVED AND LIMITED NOTIONS OF CULTURAL COMPETENCE TO WHAT CULTURAL HUMILITY FULLY ENCOMPASSES.

12:15-45PM

LUNCH

12:45-2:15PM

### CLIENT PERSPECTIVES:

A LOOK INTO HOW CLIENTS MAY PERCEIVE THEIR THERAPIST, AND HOW A THERAPIST'S PERSONAL REFLECTION CAN HAVE A POSITIVE IMPACT.

2:15-30PM

BREAK

2:30-4PM

### THERAPIST PERSPECTIVE:

DEVELOPING SAFE SPACES FOR CLIENTS WHILE PROTECTING THERAPEUTIC BOUNDARIES.



Inspirit Counseling Services, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6104. Programs that do not qualify for NBCC credit are clearly identified. Inspirit Counseling Services, Inc. is solely responsible for all aspects of the programs. This program qualifies for 6 credit hours.

This activity qualifies for 6 contact hours (6 Category A contact hours for State of Maryland LCPC and LCMFT).

Inspirit Counseling Services, Inc. is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education learning activities and maintains full responsibility for this program. This training qualifies for 6 Category I continuing education credits.

INSPIRIT IS CURRENTLY INVITING NEW CLINICIANS TO JOIN US !!!

FLEXIBLE HOURS - GENEROUS COMMISSION - W-2 EMPLOYMENT STATUS - CEU EVENTS AT STAFF MEETINGS  
PEER SUPPORT - EASY GROUP INSURANCE EMPANELMENT - NO OVERHEAD EXPENSES

FOR MORE INFORMATION

INSPIRITMARYLAND.ORG/EMPLOYMENT-PROFESSIONAL